# State of the Art in Adhesive & Aesthetic Dentistry

## Treatment planning and conservative chemical treatments

The dramatic improvements in the overall population oral health as well as the growing economical potential of many patients have created new demands for the dental profession. Much more emphasis is given today to our smile appearance and despite some substantial differences among countries, religions or races, most of our patients look for whiter, brighter and even anterior teeth. One can use or also abuse the various existing aesthetic and restorative modalities aimed to achieve such a «perfect» goal, but we must always keep in mind the tremendous benefits of conservative aesthetic dentistry, as opposed to «straight forward» cosmetic dentistry. Treatment planning in the smile frame will then be revisited in the light of the most recent developments and knowledge in biomechanics and biomimetics.

This lecture will also focus on the indications and potential of chemical treatments (microabrasion, vital and non-vital bleaching) to correct many aesthetic deficiencies and to help creating more beautiful smiles, when used

alone or in combination with other direct and indirect restorative options.

## Free-hand bonding: «challenging ceramic restorations»

Composite resin restorations offer today conservative, biological and aesthetic solutions to many problems, which formerly could only be approached by expensive and more invasive ceramic restorations. However, composite systems are based on different layering concepts and as a consequence, the restoration esthetic potential is strictly linked to a perfect understanding of the shading concept and optical properties of the composite masses in relation with those of natural tissues. Based on a thorough observation of natural esthetics and the application of the so-called «natural layering», together with an appropriate selection of composite brands, the clinicians can produce beautiful, natural like direct composite restorations. The lecture will cover fundamental knowledge about colour and optical properties of natural tissues and direct restorative materials and will provide a comprehensive description of clinical procedures.



Kursgiver Didier Dietschi, Geneve

**Målgruppe** Tannleger

#### **Sted** Stavanger Forum, Stavanger

## Tid

## Onsdag 11. oktober 2006 kl. 0900 – 1600

#### **Kursavgift** Kr 1900 inklusiv lunsj og pausekaffe

#### Kursleder Gunhild V. Strand

### Påmelding

Se påmeldingsskjema på side 600. NB! Samme skjema som ved påmelding til landsmøtet

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